

## 2023 CIF DIVING CHAMPIONSHIPS

*The following is a summary of a few points to remember when judging high school diving—please read and be familiar with all of Rule 9 in the NFHS Rule Book*

### **AWARDING POINTS** (9.7.2)

*Consideration in awarding points:* starting position, approach, takeoff, flight & positions, & entry

Excellent	10	Good	7 -- 8	Deficient	2.5 – 4.5
Very Good	8.5-9.5	Satisfactory	5 – 6.5	Unsatisfactory	.5 – 2

### **Referee Mandated Awards**

**Failed dives** (9.7.5)(7 of 16 situations of “incorrect” dives)

- over/under twist by more than 90 degrees as determined by position of shoulders when feet/hands contact water
- twists shoulders more than 90 degrees before feet leave the board
- does not pike before twist with 5111 B & 5411 B
- voluntary & optional dives not as specified for 11 dive contest
- steps off the board after assuming the starting position
- performs additional bounce(s) on end of board after culminating hurdle(new 2018)

**Mandatory Deductions: -2** points from each score when declared by Referee (9.3.7)

- Balk or forward approach violation

**Unsatisfactory: max 2 points** (9.7.4) *Ref may consult with member of panel*

- clearly in position other than announced. Clarified descriptions of positions (new 2020)
- hits the board
- does not declare a standing forward start position. (new 2022)
- does not attempt to come out from tuck or pike or twist
- *does not hold the straight position until the body is horizontal to the water on flying one somersault dives; or until the body is perpendicular to the water on any flying 1.5 somersault dives. (2017 removed 212 & 312; Flying back SS & Reverse SS)*

**Deficient: max 4.5 points**(9.7.3)(points changed 2015)

- incorrect hand(s) position on entry
- partially altered position

**Each judge shall deduct: .5 – 2 points** (9.8.2) 4 of 6 situations summarized

- Does not stop oscillation of board before or after starting position assumed.
- *Excessive oscillations is defined as more than 4 oscillations* (new 2022)
- entering to side of board
- twisting manifestly from board

**DQ's in diving:** (9.8.3)

- 2 failed dives
- Referee(s) rules lack of sincere attempt; the dive(s) listed are too difficult for diver
- Unnecessarily delays the performance of a dive; Unsporting behavior

**Diving Contestants:** (9.3.6)

- **the number and DD of the voluntary dive(s) shall be circled or clearly identified**
- If a diver makes an error in listing the position of a dive; may change the position: if a lower DD, that shall apply; if a higher DD, the original DD is used...*Change is not permitted if the DD would cause the true DD total for the 5 voluntary dives to exceed 9.0.* If the change is not detected prior to the next dive, the dive causing the DD to exceed 9.0 shall be failed.

**Choice of Dives:** (9.4)(11 dive contest) *All 5 groups must be represented in first 8 rounds*

Preliminary Round: 2 voluntary + 3 optional (Cut for Semi-finals= 4 more than to be scored)

Semi-Final Round: 2 voluntary + 1 optional (Cut for Finals = # to be scored)

Final Round: 1 voluntary + 2 optional